* Are you thinking about going to medical school, but are uncertain about the process? Or even whether you would actually like being a doctor?
* Are you a medical student who is having trouble deciding which specialty to choose?
* Are you curious about what happened in the lives and careers of a group of female Stanford Medical School students in the 25 years following their graduation?

*Journeys Through Life and Medicine* will help you understand the steps involved in becoming a doctor in the United States, and what the real day-to-day life is like for female physicians in different fields of medicine.

When the author, Dr. Gail Pyle, retired from medicine at age 50 due to health issues, she began wondering about her Stanford Medical School classmates…what were they doing, and what were their careers like? So, she reached out to the women she graduated with, and interviewed twenty of them about their paths from childhood to the present.

*Journeys Through Life and Medicine* presents compelling and honest accounts of the women’s struggles and successes, factors that influenced their decision-making, and lessons they learned during their journeys through the world of medicine.

Gail Gironimi Pyle, M.D. spent over fifteen years practicing primary care internal medicine near Stanford University before retiring in 2019 due to post-concussion syndrome. She was also a clinical researcher at the Celiac Sprue Research Foundation in Palo Alto, and co-founder and Associate Director of the Stanford Celiac Sprue Management Clinic. Gail is married, and has two grown daughters and a dog named Tango. She enjoys reading, hiking, acrylic painting, and genealogy. She can be contacted at gailpylemd@gmail.com.